



Lunch Menu

NEW PALTZ CENTRAL SCHOOL DISTRICT

January 2019

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Offered daily: skim, 1%, strawberry skim (only MS, HS) and chocolate skim milk; all are antibiotic and BGH free</p> <p>We offer local fruits and vegetables.</p> <p>(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products.</p> |  | <p>1</p> <p>K-12 Chicken Nuggets w/ Dipping Sauce Steamed Carrots Brown Rice</p> <p>PB+J, HS Mac+Cheese Panini</p> | <p>2</p> <p>K-12 Bread Sticks (V) w/Sauce Mozzarella Sticks Steamed Broccoli Italian Vegetables</p> <p>Sliced Turkey, HS Mac+Cheese Panini</p> | <p>3</p> <p>K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS Mac+Cheese Panini</p> |
| <p>7</p> <p>K-12 General Tso Chicken Asian Vegetables Asian Style Rice</p> <p>Roast Beef, HS Italian Combo Panini</p> | <p>8</p> <p>K-12 Grilled Cheese(V) Ham (P) Optional Tomato Soup Baked Beans</p> <p>Turkey Salad, HS Italian Combo Panini</p> | <p>9</p> <p>K-12 French Toast (V) Sausage (P) Home Fries</p> <p>Egg Salad, HS Italian Combo Panini</p> | <p>10</p> <p>K-12 Fried Chicken w/Gravy Steamed Carrots Mashed Potatoes Dinner Roll</p> <p>Salami+Cheese, HS Italian Combo Panini</p> | <p>11</p> <p>K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS Italian Combo Panini</p> |
| <p>14</p> <p>K-12 Chicken Tenders w/ Dipping Sauce Steamed Broccoli Pasta Salad</p> <p>Ham+Cheese, HS Buffalo Chicken Panini</p> | <p>15</p> <p>K-12 Nachos w/Cheese(V) w/Chili Steamed Carrots Refried Beans Mexican Rice</p> <p>Chicken Salad, HS Buffalo Chicken Panini</p> | <p>16</p> <p>K-12 Bread Sticks (V) w/Sauce Mozzarella Sticks Vegetable Medley</p> <p>Egg Salad, HS Buffalo Chicken Panini</p> | <p>17</p> <p>K-12 Chicken Quesadilla Alt. Bean Quesadilla (V) w/Salsa & Sour Cream Santa Fe Corn (N) Mexican Rice</p> <p>Bologna+Cheese, HS Buffalo Chicken Panini</p> | <p>18</p> <p>K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice</p> <p>Tuna Salad, HS Buffalo Chicken Panini</p> |
|  <p>21</p> | <p>22</p> <p>K-12 Top Your Own Burger Alt. Veggie Burger (V) Lettuce, Tomato, Cheese Steamed Carrots French Fries</p> <p>Roast Beef, HS Mexican Chicken Panini</p> | <p>23</p> <p>K-12 Chicken Alfredo(N) Penne Pasta Italian Vegetables Garlic Bread</p> <p>Egg Salad, HS Mexican Chicken Panini</p> | <p>24</p> <p>K-12 Soft Taco w/Cheese, Lettuce, Tomato Green Beans Refried Beans Mexican Rice</p> <p>Sliced Turkey, HS Mexican Chicken Panini</p> | <p>25</p> <p>K-8 Cheese Pizza(V) Romaine Salad Fruit Juice</p> <p style="text-align: center;">HS Regents-LIMITED MENU</p> <p>Tuna Salad, HS Mexican Chkn Panini</p> |
| <p>28</p> <p>K-12 Popcorn Chicken w/ Dipping Sauce Vegetable Medley Pasta Salad</p> <p>Ham+Cheese, HS Turkey Bacon Panini</p> | <p>29</p> <p>K-12 Rotini w/Sauce Mozzarella Sticks Tossed Salad Italian Vegetables</p> <p>Turkey Salad, HS Turkey Bacon Panini</p> | <p>30</p> <p>K-12 Meatball Parm Hero Steamed Broccoli White Bean Salad</p> <p>Egg Salad, HS Turkey Bacon Panini</p> | <p>31</p> <p>K-12 Diced Turkey w/ Gravy Sweet Potatoes Brown Rice Dinner Roll</p> <p>Salami+Cheese, HS Turkey Bacon Panini</p> | <p>Due to USDA regulations, students will be required to take a fruit or vegetable as part of their lunch meal</p> <p>This organization is an equal opportunity provider and employer.</p> |